

A high-angle, wide shot of a rugged mountain valley. In the foreground, a winding asphalt road follows the left bank of a wide, shallow river with milky, white water. The river flows from the background towards the bottom right. The surrounding mountains are steep and rocky, with patches of light-colored scree or snow. In the distance, a jagged mountain peak is covered in snow and partially shrouded in mist. The sky is filled with heavy, grey clouds, creating a moody atmosphere. A dark, semi-transparent rectangular box is centered over the middle of the image, containing the word "ADVENTURUSH" in white, bold, sans-serif capital letters.

ADVENTURUSH

INCLUSIONS

- **Equipment** – Climbing Shoes, ropes, harness, etc
- **Refreshments** - light snacks and fruits.
- **Trained Instructor** – A trained and certified instructor to teach you all the maneuver.

EXCLUSIONS

- **Personal Expenses** such as telephone charges, laundry, tips, table drinks etc
- **Insurance of any kind** - Medical, Accidental or theft
- **Transportation charges** - Any kind of transfers are not included in the package
- Other charges not mentioned in the 'Inclusions' section

ITINERARY

- **Meeting point:** Gather at 7:30 am at the Malta devi temple which is the meeting point for the activity. From there you will be taken to the activity point which is 5kms away.
- **Warm up and exercise:** Little warm up and slight exercise for 30 mins.
- **Climbing:** You will be climbing rocks up to 30 meters high with a partner on the ground, belaying you on a rope tied to your harness. There are 5 routes for the climbing the rock as per the difficulty level.
- **Refreshments:** After the activity get relaxed and have a healthy snack Fruits and lemonade