

A high-angle, wide shot of a rugged mountain valley. In the foreground, a dark asphalt road curves along the left bank of a wide, shallow river with milky, brownish water. The river flows from the bottom right towards the center. The surrounding mountains are steep and rocky, with patches of light-colored scree or sand. In the distance, a range of jagged, snow-capped mountain peaks rises against a sky filled with heavy, grey clouds. The overall color palette is dominated by earthy browns, greys, and the white of the snow, with a slightly desaturated, cinematic feel.

# ADVENTURUSH

## INCLUSIONS

- **Accommodation** – In Camps/Guest houses on sharing bases as per group size.
- **Veg Meals** – Breakfast, lunch, and dinner for trek days.
- **Expert Instructor** – Trained and experienced trekking instructor and guide.
- **All Camping equipment like** - Camping Tent, Sleeping bag/ Mattresses, Kitchen & dining tent, Utensils, Toilet tent.
- **Safety Shoes** - Crampon/ Microspikes/ Gaitors as needed.
- **All Permits & Fees** – as applicable.
- **Medical Kits** - First aid kit, Oxygen cylinder, Stretcher.
- **Cook/ Support staff** – for your delicious meals and other support.
- **Transportation** – Please speak to vendor partner post booking to coordinate pickup point & time.

## EXCLUSIONS

- **Personal expenses** – such as Telephone, Laundry, Tips and Table Drinks etc.
- **Insurance** - Medical, Accidental, theft
- **Airfare / Rail fare**
- **Pickup and drop** – from Airport, Railway station or Bus stop. Please contact vendor partners post booking, if pickup and drop facility can be provided on request, at additional cost.
- **Personal Porter**
- **Medical Emergencies** - any injury or medical emergencies sustained by the adventurers during the activity.
- **Any additional cost** - including stay and food, that arises due to extension, change of itinerary due to natural calamities, roadblocks, bad weather or any other unforeseen circumstances beyond our control.
- **Anything not listed under “inclusions”.**

## ITINERARY

### **Day 1: Dehradun to Sankri | 220 kms | 6400 ft**

Leave from Dehradun by car. On your way to Sankri, you will cross places like Musoorie, Kempty waterfalls and Nainbagh. Sankri is situated in the Govind Wildlife Sanctuary and is surrounded by the peaks of Swargarohini. Enjoy your time in Sankri as you witness the view of the sun setting behind the Greater Himalayas.

Overnight stay in Sankri.

### **Day 2: Sankri to Taluka drive | 12 kms and Taluka to Seema Trek | 12 kms | 8500 ft**

Wake up early in the morning and drive to Taluka while passing through the dense forests of bamboo and deodar and beautiful water streams.

Begin your walk from Taluka to Seema, 12 km, through a stone-way descending to the riverbed. The path to Seema crosses through rocky surfaces, traditional wooden bridges, and stunning lush trails.

You will cross through Osla, known for its picturesque wooden houses. You will also spot Himalayan Monal bird, if you keep a lookout in the forest. Overnight stay in tents.

### **Day 3: Seema to Rainbasera/ Roiltigad or Roiltia | 10 kms | 10200 ft**

After breakfast, walk on the Supin river. The trail climbs and gets steeper as you reach Debshu Bugyal. As you reach Debshu Bugyal, there will be boulders along the route. Take a break here as Bugyal is a huge 2km long pastureland. You can see the meadows from here.

Spend a relaxing night in tents at RainBasera. You can spend some time soaking in nature's charm next to riverbed boulders.

### **Day 4: Rainbasera to Ruinsara Tal | 7 kms | 11800 ft**

Get ready for an exciting day on your trek to Ruinsara Lake. Ruinsara Lake is an alpine tarn surrounded by lush Rhododendron trees with distinct pink blooms in the summers. Ruinsara lake is one of the trio of lakes in the Garhwal region, the others being Marinda and Maldaru. Enjoy the beautiful views of meadows and snow-capped mountains. The beautiful range of peaks like Kala Nag, Bandarpunch and Dhundhar Khai will be a spectacle.

Spend overnight camping near the lake.

### **Day 5: Ruinsara Lake to Odari | 4 kms | 13100 ft**

After breakfast, start your trek to Odari. The trek descends towards the Supin river and will pass through forests and rivers. Odari is a cave which is believed to have been the home of

Bali, Lord Krishna's brother. From the cave, you can also see Swargarohini and after lunch, your trek leader will offer you some training sessions.

Overnight stay in Odari.

#### **Day 6: Odari to Bali Col Camp | 5 kms | 15100 ft**

After breakfast, leave Odari for Bali col camp.

The trek from Odari to Bali Col Camp is 5 km and the camp is situated at an altitude of 15,100 ft. It is a short but steep climb up to the Pass where you also see a lot of glacial debris and loose rocks. The trek is difficult as the stones get scattered along the trail. Take necessary precautions to avoid complications due to altitude. Night-time temperatures sometimes also drop below zero degrees.

Overnight stay in a tent in Bali col camp.

#### **Day 7: Bali Col Camp to Lower Dhamni via Bali Pass | 14 kms | 16200 ft**

This is considered as the summit day. Have a good breakfast and get ready for this long day when you cross the Bali Pass to reach lower Dhamni. The path to Bali Pass is steep and covered in snow. You reach the summit after a steep climb for 2 to 3 hours. Upon reaching the summit, take in the 360-degree view of the Swargarohini and Bandarpunch peaks. You can also see the Yamunotri valley to the right. As the path of this trek can get confusing, it is highly recommended to be with your Trek leader and follow all instructions carefully. Because the path after the pass can be confusing, it is important to stay with a Trek Leader or Guide. Upon reaching Lower Dhamni, rest in your tents. Overnight stay in Lower Dhamni.

#### **Day 8: Lower Dhamni to Janki Chatti to Dehradun | 8 kms | 8500 ft**

This is the last day of your trekking experience. This is the easiest of all, as there will be mainly descending on the way. It is a cement paved pathway. Janki Chatti is the starting point of the famous Yamunotri Trek and is known for its hot water springs. Spend some time resting in your campsite and then leave for Dehradun.