

# **INCLUSIONS**

- Accommodation— On a triple sharing basis.
- Meals We provide simple, nutritious Veg/Jain food on all days of the trek.
- Camping charges All trekking permits and forest camping charges are included.
- Trekking equipment High-quality tents and sleeping bags in all the camps. Sleeping bags can withstand temperatures as low as -10 °C.
- **Gaiters** To prevent snow from entering inside your shoe.
- Safety equipment and Emergency First aid kit, Oxygen cylinders, Oximeter, HAPO bag etc. will be with the guide/trek leader and at the campsite as well to deal with emergencies.
- Expert trek Leaders All our trek leaders are at least qualified in basic/advanced mountaineering and first aid courses.
- Expert Trek support team The mountain staff on this trek consists of certified guides, cooks, helpers, and porters.

# **Exclusion**

- Transportation and food to and from the base camp
- **Personal expenses** such as Telephone, Laundry, Tips and Table Drinks etc.
- Airfare / Rail fare
- Pickup and drop from Airport, Railway station or Bus stop. Please contact vendor partners post booking, if pickup and drop facility can be provided on request, at additional cost.
- Personal Porter
- Beverages
- Any additional cost including stay and food, that arises due to extension, change of itinerary due to natural calamities, roadblocks, bad weather or any other unforeseen circumstances beyond our control.
- Anything not listed under "inclusions".

### **ITINERARY**

### Day 1: Arrival in Kasol and Trek to Grahan Village (7700 ft | 9 kms | 5-6 hrs)

- Arrive in Kasol, a small village located in the Parvati Valley and check into our campsite. After
  collecting your packed lunch, you will be given a briefing session by your Trek Leader, then
  start the trek from Kasol to Grahan village.
- The trail winds through dense forests and offers beautiful views of the Parvati Valley. Pass through small streams and waterfalls, adding to the serene ambiance of the trek.
- As you climb higher, the trail becomes steeper and more challenging. By late afternoon, reach Grahan village, a picturesque hamlet nestled in the heart of the mountains. The village is known for its warm hospitality and rich cultural heritage, and you'll be welcomed with open arms.
- Stay in camps overnight, surrounded by the serene beauty of the mountains.

#### Day 2: Grahan to Min Thach (11,100 ft | 6 kms | 6-7 hrs)

- Get ready to experience the beauty of the Kanwar Wildlife Sanctuary as you embark on a
  moderate trek to Min Thach. The forest is home to an incredible variety of flora and fauna
  unique to this valley. As you make your way through the dense forest, you'll be surrounded
  by towering trees and the symphony of sounds from the forest creatures. The trail may be a
  bit challenging, but the breathtaking views of the Grahan valley and the Nagaru cliffs will
  make it all worth it.
- As you reach the Min Thach campsite, you'll be greeted by a panoramic view of the snow-capped mountains towering in the distance. The campsite is nestled amidst lush greenery and offers a peaceful respite from the hustle and bustle of city life. Post dinner, retire to the tents to wake up recharged for the trek to Nagaru.

#### Day 3: Min Thach to Nagaru (12,700 ft | 4 kms | 5 hrs)

- Day 3 of your adventurous trek is going to be the most visually stunning yet! You'll need to wake up at 8 am to ensure you have enough time to complete the challenging but rewarding climb up to Nagaru. The climb is short but steep, and you'll soon find yourself above the tree line, surrounded by the breathtaking beauty of the Himalayas. You'll truly understand the magnificence of this location when you reach the Nagaru campsite. The Sar Pass is a renowned trekking route in the Indian Himalayas. Many adventure enthusiasts visit Sar Pass every year to experience the thrill of high-altitude trekking.
- Feast your eyes and your camera on the panoramic views of both the Parvati and Tosh Valleys, stretching out before you in the vibrant hues of the evening sky. Post witnessing the beautiful view, relishing the cool mountain breeze, and settle into your tents at Nagaru camp for a peaceful night's sleep.

#### Day 4: Nagaru to Sar pass to Biskeri Thach (13,800 ft | 9 kms | 8-9 hrs)

• Day 4 promises to be full of excitement and adrenaline. To enjoy the hard snow, you must start your trek at the crack of dawn at 4 am. It may sound early but trust us; it's worth it.

- After an hour of steep climbing, you'll find yourself on a flat trail leading to the Pass. You'll be greeted by breathtaking panoramic views of the snow-capped peaks surrounding you.
- The most awaited, adrenaline-filled part of the itinerary is yet to come. Get ready for an exhilarating ride down the snow! The glissade is one of the most thrilling experiences of the trek. You'll slide down the steep slope, feeling the wind rush past your face and the snow whizzing beneath you. After the thrilling ride, trek through beautiful rhododendron bushes, taking in the natural beauty around you. Arrive at the vast green meadow of Biskeri Thatch. Set up your tents for the night and spend some time exploring the glorious view and the local terrain. The meadow is dotted with small streams and is home to a variety of flora and fauna. As the sun sets, retire to your tent for a well-deserved rest.

## Day 5: Biskeri Thach to Barshani (7,800 ft | 6 kms | 5 hrs)

- Marking the end of your trek is a day of unforgettable scenic beauty that is a treat to the
  eyes and Instagram. The trek involves a moderate descent through a dense alpine forest
  that's teeming with life. As you make your way down the forest, the trail will open to reveal
  sublime views of majestic mountains, towering pine trees, and lovely grasslands. You'll be
  captivated by the stunning scenery that surrounds you, making it hard to say goodbye.
- To reach Barshaini, trek via Pulga- a charming hamlet that's home to friendly locals and offers a unique glimpse into the local way of life. Crossing the Parvati River, savor the soothing sound of the babbling stream and the cool breeze on your face. Upon arrival at Barshaini, take a 90-minute jeep ride to Kasol, where you can spend some time exploring the quaint town and indulging in local delicacies. Kasol is known for its lively atmosphere, ensuring a joyously memorable afternoon.
- Depart from the Kasol base camp by 5 pm with a camera full of glorious views, your head in the clouds, and a backpack full of memories.