

A high-angle, wide shot of a rugged mountain valley. In the foreground, a winding asphalt road follows the left bank of a wide, shallow river with milky, white water. The river flows from the background towards the bottom right. The surrounding mountains are steep and rocky, with distinct horizontal sedimentary layers. In the distance, a range of jagged, snow-capped peaks rises against a sky filled with heavy, grey clouds. The overall color palette is dominated by earthy browns, greys, and the white of the snow and river water.

ADVENTURUSH

INCLUSIONS

- Accommodation – Stay in a hotel/ guesthouse from Day 1 to Day 3 & Day 8
- Stay in tents during the trek.
- Breakfast in Leh on Day 2, Day 3, Day 4 & Day 9
- All meals during the trek
- Expert Mountaineering Guide
- Qualified & Experienced Trek Leader, Guide and Support Staff to Help Trekkers
- Skilled Local Staff Who Has Ample Knowledge of The Route
- Transport From Leh to Trekking Point on Day 4 And Trekking Point to Leh on Day 8
- Vegetarian Meals on The Trek (Breakfast/Lunch/Dinner) Starting on Day 4 Packed Lunch to Day 8 Breakfast.
- Hot Water in Buckets Shall Be Provided twice a day on Request While Staying in Guest House in Leh
- Stay In Alpine/Dome Tents on Triple Sharing Basis on Day 4, Day 5, Day 6 And Day 7
- Common Kitchen/Dining/Toilet Tents Will Be Used During the Trek
- Cooks/Helper and Other Requisite Staff.
- First Aid & Oxygen Cylinder
- Sleeping bag/ Mattresses
- Kitchen & dining tent
- Utensils

EXCLUSIONS

- Personal expenses
- Insurance
- Airfare / Rail fare
- As per the Ladakh Tour operator association Wildlife department permits, Adventure insurance and medical check-up fees will have to be paid by the participant on ground.
- Personal Trekking Equipment – Like Gum Boots, Trekking Poles or Sleeping Bag Liners
- Personal Insurance or Cost of Emergency Evacuation
- Purchases Of Personal Natures (Like Mineral Water Bottles/Bottled or Canned Beverages/Chocolates/Dry Fruits Etc)

- Airport Pick Up and Drop
- Any other meals or transport which is not in inclusions.
- Personal Porters for Carrying Trekker's Backpacks
- Room Heaters At Guest House in Leh (We Suggest Not to Use the Room Heaters as The Same Dehydrate the Body and Your Body Won't Get Acclimatize to Gear Up For The Chadar Trek)
- Cost Of Transport, Meals and Stay If in Case You Leave the Trek In Between And Return to Leh Before the Schedule Arrival on Day 8
- There Is No Centralized Heating and Portable Heaters, Heaters and Electric Blankets Provided.

ITENARARY

Day 1: – Leh Arrival

Begin your Chadar trek by arriving in Leh. If you are arriving by road, it is advisable to keep enough warm clothes as there will be a significant altitude drop. After reaching Leh, head to your pre-booked stay. Have dinner and an overnight stay at the guest house.

Day 2: Acclimatization in Leh

Wake up to a chilly morning and enjoy some delicious breakfast. Today you will be exploring Leh on foot as it is very important for acclimatization of your body to a higher altitude. Take a stroll through the market or visit the Shanti Stupa. Spend the rest of your day leisurely and head to bed early.

Day 3: Medical Check-Up

On the third day of your Chadar Trek, you will be undertaking a Preliminary Medical Checkup near the ALTOA office at Leh Market. Once deemed fit, you will get a green signal to go ahead with the trek from tomorrow.

Day 4: Leh to Guru Dho (First Camp)

Embark on your trek from Leh to Guru Dho, your first camp. The trail offers breathtaking views of the surrounding landscapes. Settle into the campsite, enjoy a warm meal, and rest to prepare for the next day's journey.

Day 5: Guru Dho to Shingra Yokma (Second Camp)

Continue your trek to Shingra Yokma, the second camp. The route may present varying terrains and altitudes, providing a diverse and enriching experience. Arrive at the campsite, relax, and soak in the beauty of the wilderness.

Day 6: Shingra Yokma to Tsomo (Third Camp)

Today's trek leads you to Tsomo, your third camp. Traverse through picturesque landscapes and savor the tranquility of the mountains. The campsite at Tsomo offers a serene environment, allowing you to connect with nature.

Day 7: Tsomo to Shingra Yokma

After having breakfast at the village campsite, you will start descending to Dibb Cave. It is also used for estranged trekkers for a covered night stay to prevent them from freezing. This serene piece of nature offers ecstatic views of sun-kissed mountains. After reaching Dibb Cave, pitch your tents and have an overnight stay.

Day 8: Shingra Yokma to Guru Dho to Leh

Continue your descent from Shingra Yokma to Guru Dho and eventually back to Leh. This marks the completion of your trek. Celebrate the accomplishment and reflect on the incredible journey amidst the Himalayan peaks.

Day 9: Departure

Today is the last day of your Chadar trek, after having breakfast, pack your bags and bid farewell to your new friends, gather all your memories within your heart and start your return journey back home.