

A full-page background image of a high-altitude mountain valley. In the foreground, a wide, muddy river flows through a deep canyon. A paved road curves along the left bank of the river. The canyon walls are steep and composed of layered rock and scree. In the background, majestic mountains rise, with the highest peaks covered in snow and partially hidden by a sky filled with heavy, grey clouds. The overall color palette is dominated by earthy browns, greys, and the white of the snow, with a slightly desaturated, cinematic feel.

# ADVENTURUSH



## ADVISORY:

- AGE LIMIT 12+
- KEEPING YOUR SAFETY FIRST, IF THE WEATHER IS POOR, THE EVENT MAY BE DELAYED OR POSTPONE, AND AN ALTERNATIVE TIME SLOT WILL BE SUGGESTED
- PLEASE CARRY AN ID PROOF AND PASSPORT SIZE PHOTO (PAN CARD WILL NOT BE CONSIDERED AS A VALID ADDRESS PROOF)
- KINDLY READ ALL SECTIONS IN ATTACHMENT TO KNOW MORE ABOUT THE TRIP
- KINDLY PAY FULL ATTENTION TO THE BRIEFING PROVIDED AND FOLLOW ALL GUIDELINES AS RECOMMENDED
- TREKKING IS TO IMMERSE ONESELF IN NATURE, SO PLEASE EXPECT BASIC FACILITIES
- ELECTRICITY MAY BE AVAILABLE ONLY AT A FEW LOCATIONS
- PACKAGE INCLUDES VEGETARIAN MEALS ONLY
- VENDOR DETAILS WILL BE SHARED POST BOOKING. PLEASE CO-ORDINATE WITH VENDOR ON REPORTING TIME & LOCATION.

## HOW TO REACH

06:30AM Pick up from BMC, Indiranagar



## THINGS TO CARRY:

- **Strong Backpack:** Get your trekking backpacks and ensure they're sturdy. Waterproof backpacks are preferred (to keep your belongings safe in case of unexpected rains).
- **Water bottles:** Ensure you bring a minimum of 2 litres of water to keep yourselves hydrated throughout the trek.
- **Energy foods:** Carry some energy bars or foods (chocolate bars, flavoured milk, electrolyte drinks, etc.) of your choice to keep your energy levels up.
- **Small torch:** Also bring a small, handy torch with batteries for safety purposes.
- **Raincoat:** Remember to bring a fully covering raincoat or a waterproof jacket to deal with unexpected rains while trekking.
- **Camera (optional):** Carry a camera if you'd want to freeze the moments of your trek and capture the alluring sunrise.

- **Personal medications (if any):** If you're on any extra medication, do not forget to carry them!
- **Extra Clothes:** Bring extra pants/shorts, an extra T-shirt, and innerwear to change into after the trek.
- **Slippers:** Comfortable footwear to wear after the trek.

## OTHER THINGS TO NOTE

- **Equipment in the package:** Personal safety gear includes Tents, porters, kitchen items, an oxygen cylinder, a first-aid kit, crampons, micro spikes and gaiters for safety purposes.
- **Rental items:** Things that can be rented during the trek comprises of shoes, trek poles, head torches, double-padded jackets, trekking pants, hand gloves, ponchos and backpack.

## CANCELLATION POLICY

- **Full Refund-** If cancelled before 07 days of scheduled date.
- **No Refund-** If cancelled within 07 days of scheduled date.

If participants are unable to or refuse to go through with the experience at site, no refund will be applicable. To avoid inconvenience to the other travellers, the expedition will continue in such case and participant will have to make their own arrangements, if they continue their stay.

## PAYMENT POLICY

100% at the time of booking