

A high-angle, wide shot of a rugged mountain valley. In the foreground, a winding asphalt road follows the left bank of a wide, shallow river with milky, white water. The river flows from the bottom right towards the center of the frame. The valley walls are steep and composed of layered, reddish-brown and tan rock and soil. In the background, majestic mountains rise, with the highest peaks covered in snow and partially shrouded in a layer of soft, white clouds. The sky is filled with dramatic, grey and white clouds, suggesting an overcast or stormy day. The overall color palette is dominated by earthy tones of the mountains and the stark white of the snow and clouds.

# ADVENTURUSH

## INCLUSIONS

- **Accommodation**– On a triple sharing basis.
- **Meals** – (Breakfast, lunch, snacks, and dinner). We provide simple, nutritious Veg/Jain food on all days of the trek.
- **Camping charges** – All trekking permits and forest camping charges are included.
- **Trekking equipment** – High-quality tents and sleeping bags in all the camps. Sleeping bags can withstand temperatures as low as -10 °C.
- **Gaiters** – To prevent snow from entering inside your shoe.
- **Safety equipment and Emergency**– First aid kit, Oxygen cylinders, Oximeter, HAPO bag etc. will be with the guide/trek leader and at the campsite as well to deal with emergencies.
- **Expert trek Leaders** – All our trek leaders are at least qualified in basic/advanced mountaineering and first aid courses.
- **Expert Trek support team** – The mountain staff on this trek consists of certified guides, cooks, helpers, and porters.

## EXCLUSION

- **Transportation and food to and from the base camp**
- **Personal expenses** – such as Telephone, Laundry, Tips and Table Drinks etc.
- **Airfare / Rail fare**
- **Pickup and Drop** – from Airport, Railway station or Bus stop. Please contact vendor partners post booking, if pickup and drop facility can be provided on request, at additional cost.
- **Personal Porter**
- **Beverages**
- **Any additional cost** - including stay and food, that arises due to extension, change of itinerary due to natural calamities, road blocks, bad weather or any other unforeseen circumstances beyond our control
- **Anything not listed under “inclusions”**

## ITINERARY

### Day 1: Arrival in Kasol & Acclimatization at base camp

Day 1 of the Sar Pass trek marks the beginning of an unforgettable journey through the majestic Himalayan range, starting at the picturesque Kasol base camp. Upon arrival, we'll have some time to freshen up and settle in before embarking on our first adventure - an acclimatization walk to the charming village of Chalal.

Hiking through the lush green forests and sparkling streams, you'll be treated to breath-taking views of the towering peaks that surround you. At Chalal, you'll get a taste of the local culture and lifestyle, interacting with friendly villagers and exploring the quaint streets and shops.

As the sun begins to set, you'll return to the base camp and gather around for an orientation session with your guide. You'll learn about the route ahead, the challenges and rewards of the trek, and the safety precautions to keep in mind. Finally, as the night falls and the stars twinkle above you, you can retire to your tents, snuggle up in warm sleeping bags, and dream of the adventures that await you on this incredible journey.

### Day 2: Trek Through Scenic Forests to Grahani (7,700 ft | 9 km | 5-6 hrs)

Wakey wakey! Get ready for an exhilarating trek through the scenic forests of the Himalayas to the Grahani camp. Starting bright and early at 7 AM, you'll be treated to a mesmerizing odyssey filled with breath-taking landscapes and dense forests. Enjoy the sweet fragrance of Himalayan flora, the symphonious chirping of the birds and the breath-taking views of the mountains as you trek through the winding trails.

The Grahani campsite is nestled in the lap of nature, surrounded by towering trees and majestic mountains. Upon arrival, you can relish nature's bounty and take a short acclimatization walk to explore the charming Grahani village. Don't forget to record the quaint wooden houses adorned with colourful flags and flowers alongside the typical mountainous landscape. Don't miss the local markets before returning to the campsite. Enjoy a peaceful slumber under the starry sky, to wake up rejuvenated for Day 3 of the trek.

### Day 3: Grahani to Min Thach (11,100 ft | 6 km | 6-7 hrs)

Get ready to experience the beauty of the Kanwar Wildlife Sanctuary as you embark on a moderate trek to Min Thach. The forest is home to an incredible variety of flora and fauna unique to this valley. As you make your way through the dense forest, you'll be surrounded by towering trees and the symphony of sounds from the forest creatures. The trail may be a bit challenging, but the breathtaking views of the Grahani valley and the Nagaru cliffs will make it all worth it.

As you reach the Min Thach campsite, you'll be greeted by a panoramic view of the snow-capped mountains towering in the distance. The campsite is nestled amidst lush greenery and offers a peaceful respite from the hustle and bustle of city life. Post dinner, retire to the tents to wake up recharged for the trek to Nagaru.

**Day 4: Min Thach to Nagaru (12,700 ft | 4 km | 5 hrs)**

Day 4 of your adventurous trek is going to be the most visually stunning yet! You'll need to wake up at 8 am to ensure you have enough time to complete the challenging but rewarding climb up to Nagaru. The climb is short but steep, and you'll soon find yourself above the tree line, surrounded by the breathtaking beauty of the Himalayas. You'll truly understand the magnificence of this location when you reach the Nagaru campsite. The Sar Pass is a renowned trekking route in the Indian Himalayas. Many adventure enthusiasts visit Sar Pass every year to experience the thrill of highaltitude trekking.

Feast your eyes and your camera on the panoramic views of both the Parvati and Tosh Valleys, stretching out before you in the vibrant hues of the evening sky. Post witnessing the beautiful view, relishing the cool mountain breeze, and settle into your tents at Nagaru camp for a peaceful night's sleep.

**Day 5: Nagaru to Sar pass to Biskeri Thach (13,800 ft | 9 km | 8-9 hrs )**

Day 5 promises to be full of excitement and adrenaline. To enjoy the hard snow, you must start your trek at the crack of dawn at 4 am. It may sound early, but trust us; it's worth it. After an hour of steep climbing, you'll find yourself on a flat trail leading to the Pass. You'll be greeted by breathtaking panoramic views of the snow-capped peaks surrounding you.

The most awaited, adrenaline-filled part of the itinerary is yet to come. Get ready for an exhilarating ride down the snow! The glissade is one of the most thrilling experiences of the trek. You'll slide down the steep slope, feeling the wind rush past your face and the snow whizzing beneath you. After the thrilling ride, trek through beautiful rhododendron bushes, taking in the natural beauty around you. Arrive at the vast green meadow of Biskeri Thatch. Set up your tents for the night and spend some time exploring the glorious view and the local terrain. The meadow is dotted with small streams and is home to a variety of flora and fauna. As the sun sets, retire to your tent for a well-deserved rest.

**Day 6: Biskeri Thach to Barshani (7,800 ft | 6 km | 5 hrs)**

Marking the end of your trek is a day of unforgettable scenic beauty that is a treat to the eyes and Instagram. The trek involves a moderate descent through a dense alpine forest that's teeming with life. As you make your way down the forest, the trail will open up to reveal sublime views of majestic mountains, towering pine trees, and lovely grasslands. You'll be captivated by the stunning scenery that surrounds you, making it hard to say goodbye.

To reach Barshani, trek via Pulga- a charming hamlet that's home to friendly locals and offers a unique glimpse into the local way of life. Crossing the Parvati River, savor the soothing sound of the babbling stream and the cool breeze on your face. Upon arrival at Barshani, take a 90-minute jeep ride to Kasol, where you can spend some time exploring the quaint town and indulging in local delicacies. Kasol is known for its lively atmosphere, ensuring a joyously memorable afternoon.

Depart from the Kasol base camp by 5 pm with a camera full of glorious views, your head in the clouds, and a backpack full of memories.

