

A full-page background image of a high-altitude mountain valley. In the foreground, a wide, muddy river flows through a deep canyon. A paved road winds along the left bank of the river. The canyon walls are steep and show distinct horizontal geological strata. In the background, majestic snow-capped mountain peaks rise above a layer of clouds. The sky is filled with soft, white clouds. A semi-transparent dark rectangle is centered over the middle of the image, containing the word 'ADVENTURUSH' in white capital letters.

ADVENTURUSH



INCLUSIONS

- **Accommodation** – Twin or triple sharing based on group size
- **Veg Meals** – Breakfast, lunch and dinner for trek days
- **Expert Instructor** – Trained and experienced trekking instructor and guide
- **Stay in Guest house/ Home stay** – Stay will be provided in camping tents
- **All Camping equipment like** - Camping Tent, Sleeping bag/ Mattresses, Kitchen & dining tent, Utensils, Toilet tent
- **Safety Shoes** - Crampon/ Micro spikes/ Gaitors as needed
- **All Permits & Fees** – as applicable
- **Medical Kits** - First aid kit, Oxygen cylinder, Stretcher
- **Cook/ Support staff** – for your delicious meals and other support
- **Transportation** – Please speak to vendor partner post booking to coordinate pickup point & time

EXCLUSIONS

- **Personal expenses** – such as Telephone, Laundry, Tips and Table Drinks etc.
- **Insurance** - Medical, Accidental, theft
- **Airfare / Rail fare**
- **Pickup and Drop** – from Airport, Railway station or Bus stop. Please contact vendor partners post booking, if pickup and drop facility can be provided on request, at additional cost.
- **Personal Porter**
- **Beverages**

- **Medical Emergencies** - any injury or medical emergencies sustained by the adventurers during the activity
- **Any additional cost** - including stay and food, that arises due to extension, change of itinerary due to natural calamities, road blocks, bad weather or any other unforeseen circumstances beyond our control
- **Anything not listed under “inclusions”**

ITINERARY

Day 1: Manali- Roli Kholi

Embark on an exciting adventure on day one, starting with a picturesque drive from Manali to Gulaba. After a quick briefing and orientation at the old Manali campsite, we'll set off on a trek to our first base camp at Roli Kholi. The three to four-hour trek will offer stunning views and fresh mountain air. Once we reach Roli Kholi, we'll be treated to a delicious dinner and cozy tents to rest for the night. This is just the beginning of an unforgettable experience.

Day 2: Roli Kholi - Bhrgu Lake

Get ready for a thrilling adventure on Day 2 as we trek to Bhrgu Lake from Roli Kholi. This 7-8 hour trek will take us to the high plateaus above the Kullu valley, offering breathtaking views along the way. Our day will begin early with a delicious breakfast, followed by an exciting trek towards Bhrgu Lake that will take approximately 3 hours. We will have a packed lunch by the pristine lakeside and be sure to keep the area clean as it holds great spiritual significance. Legend has it that Rishi Bhrgu used to meditate here and bathe in the water. After lunch, we will make our way to the Moridogu campsite to unwind for the rest of the day before trekking back to the Roli Kholi base camp for an overnight stay.

Day 3: Roli Kholi - Manali

On Day 3, get ready for a refreshing trek back to Gulaba and then depart for Manali. After a scrumptious breakfast, we'll begin our descent towards Kulang. The trek is relatively easy as it involves a moderate descent and will take us approximately 3-4 hours to reach Kulang. From there, we'll head to the old Manali campsite for a relaxing ride. Don't miss out on this amazing opportunity to soak in the scenic beauty of the region and create unforgettable memories!