

A full-page background image of a high-altitude mountain valley. In the foreground, a wide, light-colored river flows through a deep, rugged canyon. A paved road follows the river's edge on the left. The canyon walls are steep and show distinct horizontal geological strata. In the background, majestic mountains rise, with the highest peaks covered in snow and partially hidden by a layer of white clouds. The sky is filled with soft, white clouds, suggesting a bright but slightly overcast day. The overall color palette is dominated by the earthy tones of the rock and the white of the snow and clouds.

ADVENTURUSH



INCLUSIONS

- **Accommodation** – Twin or triple sharing based on group size
- **Veg Meals** – Breakfast, lunch and dinner for trek days
- **Expert Instructor** – Trained and experienced trekking instructor and guide
- **All Camping equipment like** - Camping Tent, Sleeping bag/ Mattresses, Kitchen & dining tent, Utensils, Toilet tent
- **Safety Shoes** - Crampon/ Microspikes/ Gaitors as needed
- **All Permits & Fees** – as applicable
- **Medical Kits** - First aid kit, Oxygen cylinder, Stretcher
- **Cook/ Support staff** – for your delicious meals and other support

EXCLUSIONS

- **Personal expenses** – such as Telephone, Laundry, Tips and Table Drinks etc.
- **Insurance** - Medical, Accidental, theft
- **Airfare / Rail fare**
- **Pickup and Drop** – from Airport, Railway station or Bus stop. Please contact vendor partners post booking, if pickup and drop facility can be provided on request, at additional cost.
- **Personal Porter**
- **Beverages**
- **Stay in Guest house/ Home stay** – Stay will be provided in camping tents
- **Medical Emergencies** - any injury or medical emergencies sustained by the adventurers during the activity
- **Any additional cost** - including stay and food, that arises due to extension, change of itinerary due to natural calamities, roadblocks, bad weather or any other unforeseen circumstances beyond our control
- **Anything not listed under “inclusions”**



ITINERARY

Day 1: Arrival at Barshaini Base Camp - KheerGanga | 13 kms | 6-7 hours | 9,700 ft

Upon reaching Base start your exciting KheerGanga Trek. A small village near Kasol, Barshaini is the point of confluence of the Parvati and Tosh River.

Trek for around 13kms along the gushing Parvati River and pass through the tranquil villages of Kalga and Pulga. Upon reaching the green meadows of Kheerganga, take a refreshing dip in the hot water spring to rejuvenate and relax yourself.

Later enjoy a bonfire near your camp. Overnight stay at the camp.

Day 2 - Trek KheerGanga - Barshaini

Wake up to the most stunning view of the beautiful mountains. After breakfast, check out from the camps and enjoy the Kheerganga trek back to Barshaini.

Your trek concludes after reaching Barshaini

