

A high-angle, wide shot of a rugged mountain valley. In the foreground, a winding asphalt road follows the left bank of a wide, shallow river with milky, white water. The river flows from the background towards the bottom right. The surrounding mountains are steep and rocky, with visible erosion patterns and patches of snow or light-colored rock. In the distance, a jagged mountain peak is covered in snow, standing out against a sky filled with heavy, grey clouds. The overall color palette is dominated by earthy browns, greys, and the white of the snow and river water.

ADVENTURUSH

INCLUSIONS

- **Accommodation** – Twin or triple sharing based on group size
- **Veg Meals** – Breakfast, lunch and dinner for trek days
- **Expert Instructor** – Trained and experienced trekking instructor and guide
- **All Camping equipment like** - Camping Tent, Sleeping bag/ Mattresses, Kitchen & dining tent, Utensils, Toilet tent
- **Stay**– Stay will be provided in camping tents
- **Safety Shoes** - Crampon/ Micro spikes/ Gaiters as needed
- **All Permits & Fees** – as applicable
- **Medical Kits** - First aid kit, Oxygen cylinder, Stretcher
- **Cook/ Support staff** – for your delicious meals and other support
- **Insurance** - Medical, Accidental, theft

EXCLUSIONS

- **Personal expenses** – such as Telephone, Laundry, Tips and Table Drinks etc.
- **Airfare / Rail fare**
- **Pickup and drop** – from Airport, Railway station or Bus stop. Please contact vendor partners post booking, if pickup and drop facility can be provided on request, at additional cost.

- **Personal Porter**
- **Medical Emergencies** - any injury or medical emergencies sustained by the adventurers during the activity
- **Any additional cost** - including stay and food, that arises due to extension, change of itinerary due to natural calamities, roadblocks, bad weather or any other unforeseen circumstances beyond our control
- **Anything not listed under “inclusions”**

ITINERARY

Day 1: Srinagar – Aru

Altitude: 2,426m | 3.5 hours drive

Brace yourself for a 4-hour long drive through the winding roads that take you to Aru. On the first day of Tarsar Marsar trek, you see quintessential Kashmir valley as the car roars through the iconic Pahalgam. Take the left towards Aru, an uphill turn that slips into the stunning Lidder river. Upon reaching Aru, wind down and take a breather at the campsite while sipping a welcome drink. The trek leader will brief you about the upcoming adventure before you head for delicious dinner in the embrace of the valley.

Day 2: Aru – Lidderwat

Altitude: 2,426 m to 2,780 m | 6 hours drive | Distance: 11km

Embark on the trail of the trek that opens in the jungle and runs for about 5 km. With its quaint wilderness cascading, the jungle unfolds a comfortable path for you to venture. After an exhilarating walk to the gorges, you see a wavy meadow stretching alongside a couple of river crossings. Stop and breathe a sigh as the winds dance their way through. Sip some glacial water that comes right from Tarsar lake if you may and commence your hike towards the campsite, looking upon the marvellous views. The Lidderwat campsite awaits you with evening snacks and drinks. Soak up to the refreshments and give your Tarsar Marsar Kashmir trek a brief pause.

Day 3: Lidderwat – Shekwas

Altitude: 2,780 m to 3,360 m | 5 hours | Distance: 6km

This day of your Tarsar Marsar trek begins with an ascent that takes you to the higher surface introducing a sweeping view of the Lidderwat Valley. It's a rather easy grade wherein

your first climb is followed by the forest. Walk as you enjoy the glimpses of the jungle parallel to the Lidder River. The trail unravels into the relaxed stretches of meadow. You will cross the river over a log bridge and soon find a valley clad with wildflowers and grass. Pause and relax as you reach Homwas. Looking at the shepherd houses, you will walk towards Shekwas and find a treacherous boulder that alerts you to stay cautious. As you cross the enthralling path, the campsite welcomes you in and get you to wrap up this adventurous day of Tarsar Marsar trek on a good note.

Day 4: Shekwas – Tarsar Lake

Altitude: 3,360 m to 3,790 m | 5 hours | Distance: 5km

Relish your break across the mountainous winds as you start another day of Tarsar Marsar trek. The new day takes you towards Tarsar Lake on a gradient that is moderate. As you walk on the boulders, the river runs giddily beside you to your right. Cross the slim, wooden bridge and follow the trail with a short ascend that takes you to the shepherd house. The walk ahead traverses the meadow surrounded by mountains. And the moment that trail comes to an end, you see the ever so gorgeous alpine lake of Kashmir. Take pictures if you want or simply lose yourself in the sight of the almond-shaped Tarsar Lake, arguably one of the prettiest lakes in Kashmir. Keeping this illustrative snapshot alive in your heart, venture towards your campsite for dinner and a cosy sleep.

Day 5: Tarsar Lake – Sundersar

Altitude: 3,790 m to 3,945 m | 5 hours | Distance: 5 km

The trail on the fifth day of Tarsar Marsar Kashmir trek unveils with a sharp ascend that stays with you for about an hour. You have to climb up to the top of the ridge upon reaching which you come across the mesmerising view of Tarsar Lake. Revel in this bird's eye view while you are at it. The next few minutes are all about descending from this ridge which is undoubtedly sharp. After conquering the fear on the daunting ridge, cross the boulder and savour the moment at a meadow called Silent valley that connects Shekiwas to Sundersar. Indeed peaceful, the valley exhibits lush grass in between a couple of mountain stretches and the land is adorned by river streams and water ponds. After this one terrific walk of the day, head towards the Sundersar campsite to retire for the night.

Day 6: Visit Sundersar & Marsar Lakes and Homwas

Altitude: 3,945 m to 3,505 m via Marsar Ridge 4020 m | 7 hours | Distance: 9km

The adrenaline rush kicks in when you step foot around the strikingly beautiful Sundersar Lake. This circular lake is bordered by small mountain tops, exuding a serene symphony. Travel round the lake and traverse a ridge for half an hour to reach the ethereal Marsar Lake. Stand on the vantage point at the highest altitude of your Tarsar Marsar trip and collect the snapshots of the lake. Take the same route back towards Homwas and the artistic trails elevated by boulders and meadows to reach the campsite.

Day 7: Homwas – Aru – Srinagar**Altitude: 3,505 m to 2,426 m | 6 hours | Distance: 13km**

The last day on your Tarsar Marsar itinerary takes you the same trail you mapped during the first two days of your trek. For one more time, look upon the towering mountains, observe the forest's silence and watch the rivers hurrying their way as you mark your way back to Aru. Upon reaching the location, the cab will take you to Srinagar.

