

A full-page background image of a high-altitude mountain valley. In the foreground, a river with milky, white water flows through a deep, rocky gorge. A paved road with a white line follows the curve of the riverbank. The steep, barren slopes of the gorge are composed of reddish-brown earth and rock. In the background, majestic mountains rise, their peaks covered in snow and partially shrouded in mist or low clouds. The sky is filled with soft, white clouds.

# ADVENTURUSH

## INCLUSIONS

**Accommodation** – Camps/Guest house on Quad or triple sharing based on group size

- **Veg Meals** – Breakfast, lunch and dinner for trek days
- **Expert Instructor** – Trained and experienced trekking instructor and guide
- **All Camping equipment like** - Camping Tent, Sleeping bag/ Mattresses, Kitchen & dining tent, Utensils, Toilet tent
- **Safety Shoes** - Crampon/ Microspikes/ Gaitors as needed
- **All Permits & Fees** – as applicable
- **Medical Kits** - First aid kit, Oxygen cylinder, Stretcher
- **Cook/ Support staff** – for your delicious meals and other support
- **Transportation** – Please speak to vendor partner post booking to coordinate pickup point & time

## EXCLUSIONS

- **Personal expenses** – such as Telephone, Laundry, Tips and Table Drinks etc.
- **Insurance** - Medical, Accidental, theft
- **Airfare / Rail fare**
- **Pickup and Drop** – from Airport, Railway station or Bus stop. Please contact vendor partners post booking, if pickup and drop facility can be provided on request, at additional cost.
- **Personal Porter**
- **Stay in Guest house/ Home stay** – Stay will be provided in camping tents
- **Any additional cost** - including stay and food, that arises due to extension, change of itinerary due to natural calamities, road blocks, bad weather or any other unforeseen circumstances beyond our control
- **Anything not listed under “inclusions”**



## ITENARY

### **Day 1: Driving from Rishikesh to Lohajung | 250 kms | 10 hours | 7,662 ft**

Route: Rishikesh - Devprayag - Srinagar - Rudraprayag - Karanprayag - Dewal – Lohajung

Meet the vendor partner at ISBT Rishikesh at 6:15 AM and enjoy your drive to Lohajung, a small village situated inside the Chamoli district in Uttarakhand. It is about 250 kms and will take you 10-11 hours from Rishikesh.

Enjoy breath-taking views of the Garhwal Himalayan range, pristine peaks and beautiful hues of river confluence set amidst a stunning sunset enroute.

Transportation to Lohajung will be provided. Lohajung is home to a small market, where you can purchase trekking gear and essentials amongst other things. Spend the night at the guesthouse booked for you. Network is available in this town. Lohajung is a town at the top of the mountain therefore you can anticipate the weather to get cold, rainy or foggy particularly at night.

### **Day 02: Trek from Lohajung to Bekaltal - The Brown Lake | 6 kms | 4-5 hours | 9,950 ft**

Take the bus at Lohajung and head to the Bekaltal campsite. After a delicious breakfast, begin your 6 km trek with a moderate ascent, through Oak and Fir Forest set against breath-taking views of Mount Nanda Ghunti, towards Bekalatal. You can fill your water bottle with pristine spring water enroute. By the end of the trek, you would have gained an altitude of 2,150 ft or 700 m.

Enjoy a hot lunch at the campsite. Once your tents are put up, you can refresh yourself and go to the Bekaltal Lake or Brown Lake, just 15 minutes away from your campsite in the evening. The distinctive brown color in the lakes is due to the significant quantity of organic matter dissolving into the seas.

After watching the stunning sunset from Bekaltal, return to your camp for a delicious meal that awaits you in the evening. Stay overnight at the Bekalatal Campsite in a twin-sharing camp.

**Day 3: Trek From Bekaltal to Brahmatal | 7 kms | 5 hours | 10,450 ft**

The ascent via Bekaltal is steep for 1.3 hours and then gradual. The descent is steep in the next section with a final gradual descent to the campsite. No water source is available on the way; therefore, carry at least two bottles of water from the campsite.

It takes about five hours for the hike. You will be trekking on some snow-covered paths. The trail is forested and once you get to Telindi summit, take in breathtaking views of the majestic Himalayas. Continue the path until you arrive at Brahmatal and Khabekhal Lake. You can enjoy a night walk along Brahmatal Lake, about 500m from the campsite. Enjoy some hot food at the camp and sleep in tents for the night. You would have gained an altitude of 1,300 ft or 400 m by the end of day 3.

**Day 4: Brahmatal Lake to Brahmatal top point and return to Base**

After breakfast, you can prepare for the 2.5 hours climb to the top of Brahmatal. Bring at the very least two litres of water along with you, as there are no water sources enroute. A mountain ridge encloses this trail with valleys on both sides. Ascent till Brahmatal top high point is moderate. Witness the breath-taking views of the Himalayan Ranges. Mt. Trishul is very close with panoramic views from Nandhaghunti. From the top, you'll be able to enjoy the stunning views of the snow-covered Himalayan Ranges. Enjoy a packed lunch here. . Overnight stay at tents at Base camp.

**Day 05: Return back to base camp Lohajung | 4 kms | 3-4 hours | 7,700 ft**

From base camp it's a steep and gradual descent of about 4 km that will take between 3 and 4 hours. The climb to Lohajung follows an easily marked trail that crosses some streams and through the forest of Oak and Fir Forest. When you arrive at Lohajung, check into your guesthouse and freshen up. In the evening, wander around the town for some souvenir shopping. Sunsets from Lohajung are impressive.

After a scrumptious dinner, enjoy a peaceful night's rest.

**Day 06: Back to Rishikesh**

After having your last morning tea and breakfast, head back to Rishikesh to mark the conclusion of an incredible trip. Rishikesh is located 210km from Lohajung and will take approximately 10 hours to return. Expect to arrive in Rishikesh at about 7 pm, which could vary according to the road and traffic conditions.

Your eyes may take time to accept the end of some breath-taking views as you head towards urban settlement.