

A high-angle, wide shot of a rugged mountain valley. In the foreground, a winding asphalt road follows the left bank of a wide, shallow river with milky, white water. The river flows from the background towards the bottom right. The surrounding mountains are steep and rocky, with visible erosion patterns and some snow patches on the higher peaks. The sky is filled with heavy, grey clouds, creating a moody atmosphere. The overall color palette is dominated by earthy browns, greys, and the white of the snow and river water.

# ADVENTURUSH

## INCLUSIONS

- 02 nights stay in Heritage room at Nimmu House, Nimmu.
- 01 night stay in Premium tent / Campervan at Desert Himalaya Resort, Nubra.
- 01 night stay in Riverview suite at Riverland Luxury Farmstay, Leh.
- Stay with all meals starting from lunch on day 01 till breakfast on day 05.
- Experiential meals outside hotels / resorts as mentioned in the itinerary viz. Lunch at Alchi Kitchen in Alchi on day 02 & Lunch at local village house in Sakti village on day 04
- Momo making class at Nimmu House
- One Yoga & Pranayaam session at Nimmu house
- Evening bonfire session during stay at Desert Himalaya Resort in Nubra.
- Evening bonfire session during stay at Riverland Luxury Farm stay in Leh.
- All transfers and sightseeing as per itinerary by exclusive NAC Innova.
- Accompanying Buddhist scholar guide for sightseeing and activities
- All monastery / monument entrance fee
- Assistance at the airport while arriving and departing.
- Permits wherever required
- Ladakh Ecological fee.
- Redcross and wildlife fee.
- All taxes including GST.

## EXCLUSIONS

- Airfares.
- Medical expenses (apart from first aid) and insurance of any kind.
- Tips, laundry, liquors, wines, mineral water, telephone charges, camera fee and items of personal nature.
- Transportation is not on disposal basis. It is strictly as per the programme, any extra running will be charges extra.
- Any expenses arising out of unforeseen circumstances like flight delay / cancellation / hike in fare, strike or any other natural calamities or any emergency evacuation expenses.
- In case of cancellation or non-utilization of any service (transportation, hotels accommodation (part / full), permits, any complementary ride at Khalsar Dunes etc.) because of any reason (ill health, flight delay / cancellation / hike in fare, strike / road block / bad weather or any other natural calamities) there will be no refund for the unutilized service. The guests will have to bear the extra expenses of change in itinerary
- Any other item not mentioned in the cost includes section.

## ITINERARY

### Day 01: Arrive and soak in the landscape

Take amongst the most beautiful flights over the Himalayan ranges, we urge you to take a window seat to observe the landscape change below you from the great Indian plains as you depart New Delhi to Alpine green mountains as you fly over Himachal in to the Cold desert of Ladakh where the starkness of the mountains humbles you.

At the airport you will meet your chaperone who is well versed in the landscape of this region. A short 01-hour drive along the Indus River brings us to our hotel in Lower Ladakh. As we have had an altitude shift from 300m to 3000m, it is imperative that we acclimatize and take it easy, allowing our body to adjust to this shift, so spend the afternoon reading a book or take a nap or just soaking the landscape.

Lunch amidst an apricot & apple Orchard

In the evening take a Momo making class to begin our immersion into this land. Enjoy scrumptious dinner under the stars at the hotel.

***Stay at Nimmu house (Heritage rooms) in Nimmu.***

### Day 02: Ancient temples and a local culinary affair

Wake up for a Pranayama class in the in-house *yogashala*.

Meet with your Buddhist scholar guide for breakfast to understand the simplistic teachings within the complex philosophies of Tibetan Buddhism, before we make our way to one of the most important temple complexes in Ladakh.

Local Ladakhi lunch at Alchi Kitchen by Chef Nilza, before we make our way back to Nimmu.

Afternoon at leisure, before we head out for an evening walk through the village to understand the Ladakhi way of life.

Dinner at hotel

***Stay at Nimmu house (Heritage rooms) in Nimmu.***

### **Day 03: Tracing the ancient Silk route.**

After an early breakfast at the resort say good bye to your hosts at Nimmu house and start the mesmerizing journey to Nubra Valley. A journey of 180 kms tracing an important part of the ancient *Silk Route*.

Arrive Desert Himalaya Resort in Nubra valley where a gastronomical feast awaits you. Enjoy your farm to table lunch prepared by the chefs at the resort.

After relaxing a while at the resort drive to Hunder Sand Dunes situated at 07 kms from the Resort.

It is unbelievable, when one thinks of it, that a desert could exist at so high an altitude! Equally surprising is the sight of the double humped Bactrian camels, whose two humps enable them to develop resistance to cold, drought & high altitudes. Taking a ride on these double humped camels which gently make their way among the white sand dunes, with poplar trees dotting the landscape & the pleasing murmur of the River Shyok flowing nearby, it all makes for a memorable experience. As the evening approaches, and the barren mountains are covered with the crimson hues of the sun, you wonder how such a place could exist in this mad chaotic world of ours.

Dinner under the star-studded sky with bonfire at the Resort

***Stay at Desert Himalaya Resort (Premium Tent/Campervan) in Diskit.***

### **Day 04: Continue the spiritual journey on Silk Route....**

Get up early in the morning to visit Diskit monastery and witness the Morning Prayer ceremony of the resident monks. Belonging to the Gelugpa (yellow hat) sect, parts of the monastery, which houses 120 resident monks, are about 760 years old.

Return to the resort for a hearty breakfast.

Post breakfast start the journey back to Leh via Warila pass (5312 Mts), the most scenic route with best views of Shyok River. The nature has not been rearranged by human hand here.

Descend the road from the pass and reach Chemrey monastery. An important centre of Buddhist learning, the monastery attracts large number of tourists because of its picturesque location. The monastery was founded in 1664 AD and currently 20 monks reside here. Experience farm to table lunch prepared by a local family in Sakti village with local organic produce.

Continue drive to reach Leh market to avail your last chance to buy souvenir for your loved ones back home. Enjoy mesmerizing sunset at riverside farmhouse

Drinks and farewell dinner with bonfire along the banks of river Indus.

***Stay at Riverland Luxury Farmstay in Choglamsar.***

**Day 05: Fly home with memories of our Homeland**

On time transfer to Leh airport to fly back home with memories of our homeland, until this land calls upon you again.

**TOUR CONCLUDES....**

