

A high-angle, wide shot of a rugged mountain valley. In the foreground, a winding asphalt road follows the left bank of a wide, shallow river with milky, white water. The river flows from the background towards the bottom right. The surrounding mountains are steep and rocky, with visible erosion patterns and some snow patches on the higher peaks. The sky is filled with heavy, grey clouds, creating a moody atmosphere. The overall color palette is dominated by earthy browns, greys, and the white of the snow and river water.

ADVENTURUSH

INCLUSIONS

- **Accommodation** – Twin or triple sharing based on group size
- **Veg Meals** – Breakfast, lunch and dinner for trek days
- **Rucksack** -- A 60-liter bag with rain cover is provided for use in trekking. You can deposit your extra luggage with your bags at our campsite.
- **Expert Instructor** – Trained and experienced trekking instructor and guide
- **All Camping equipment like** - Camping Tent, Sleeping bag/ Mattresses, Kitchen & dining tent, Utensils, Toilet tent. Sleeping bags can withstand temperatures as low as -10 °C.
- **Stay**– Stay will be provided in camping tents
- **Safety Shoes** - Crampon/ Microspikes/ Gaitors as needed
- **All Permits & Fees** – as applicable
- **Medical Kits** - First aid kit, Oxygen cylinder, Stretcher
- **Cook/ Support staff** – for your delicious meals and other support

EXCLUSIONS

- **Personal expenses** – such as Telephone, Laundry, Tips and Table Drinks etc.
- **Insurance** - Medical, Accidental, theft
- **Airfare / Rail fare**
- **Pickup and Drop** – from Airport, Railway station or Bus stop. Please contact vendor partners post booking, if pickup and drop facility can be provided on request, at additional cost.
- **Personal Porter**
- **Beverages**
- **Medical Emergencies** - any injury or medical emergencies sustained by the adventurers during the activity
- **Any additional cost** - including stay and food, that arises due to extension, change of itinerary due to natural calamities, road blocks, bad weather or any other unforeseen circumstances beyond our control
- **Anything not listed under “inclusions”**

ITINERARY

Day 1 - Reporting at Rumsu Base Camp in Manali

Excited to start your Pin Parvati trek? Start the trip by leaving from Delhi, to Manali by bus. To reach the base camp on time, it is advised that you board the bus in the evening around 6pm. Deboard the bus at the "Patlikuhal" intersection, which is 20 kilometres prior to Manali, and hop on to any of the available transportation options for Rumsu Village.

To reach the Rumsu Base Camp, you can rent a vehicle according to the size of the group. Rentals start from INR 500. Once the acclimatization walk around the base camp is concluded, the trekkers will be provided with trekking gear like bags, microspikes and gaiters - which are a must-have for the Pin Parvati Trek.

Day 2 - Rumsu to Kheer Ganga | 9,214 feet | 5 hours

The hikers will depart from the Rumsu base camp for Barshaini on the second day at 8 a.m with a hike towards Kheerganga. An uncomplicated route, this is one of the shortest treks, and takes around 4-5 hours to complete. Enjoy the juicy, local apples as you cross the peaceful village of Nakthan which is 6kms away from Kheerganga.

Enroute Kheerganga, you'll pass through Rudranag meadow, which is known for its Shiva Temple. A 30-minute stroll separates the Nakthan Village from the revered Rudranag Temple. The presence of hot water springs nearby entice many to take a dip, and relish a relaxing swim in the hot springs. Upon reaching Kheerganga, enjoy a scrumptious dinner, and rest.

Day 3 - Trek from Kheer Ganga to Tunda Bhuj | 11,014 feet | 4 hours.

Wake up to a beautiful sunrise, and brace yourself for an exciting journey from Kheerganga to Tunda Bhuj. This is known to be an easy trek, with a moderate ascent, and takes about 5 to 6 hours to conclude. Relish the scenic beauty of the banks of River Parvati, as you hike towards Tunda Bhuj. Enjoy a well-deserved night of peaceful sleep, before commencing with Day 4 of your Pin Parvati Trek itinerary.

Day 4 : Trek from Tunda Bhuj to Thakur Kuan | 11,646 feet | 5 hours.

The route from Tunda Bhuj to Thakur Kuan almost entirely follows a flat plain with no ascents on the Parvati River's right bank. Enjoy the adrenaline rush as you cross the demolished timber bridge on the Parvati River. Getting to Thakur Kuan after crossing the bridge requires an ascent that takes about an hour. On the left side of the Parvati River, you will find the campground with a large open area, where you can savour an hour of rest, and enjoy the crisp mountainous air before you resume the hike to Thakur Kuan.

Day 5: Trek from Thakur Kuan to Rubi Thach | 12,140 feet | 4 hours.

The journey lasts for about four to five hours and is mostly level with a few moderate ascents. Two demanding bridges that are constructed of large individual rock boulders are located along the route. It is thought that Bheem, one of the Pandavas brothers from Mahabharata, built the bridge, which is known as the Pandav bridge. Shepherds frequently travel to this location because of the lush grassland. You'll have to stay overnight at Rubi Thach before you continue your Pin Parvati Pass Trek's journey.

Day 6: Trek from Rubi Thach to Mantalai | 13,450 feet | 6 hours.

This part of the Pin Parvati pass trek will include a journey from Rubi Thach to Manatali, involves a steady ascent and takes about 5 hours via Odi Thach, another thach along the route. Mantalai is the only place where the pristine Parvati River can be seen in the form of a lake. Sculptures of Lord Shiva, Lord Ganesha, and Trishul could be seen on the bank,

indicating the place's sacred importance. Enjoy the breathtaking view and the spiritual vibe, before turning in for the night.

Day 7: Trek from Mantalai to Parvati side base camp | 16,240 feet | 7 hours.

From Mantalai to the base camp on Parvati's side, the Pin Parvati pass trek's major ascent begins. A large watercourse- the Kala Khor Nalla travels alongside the trekking route. When traversing, caution must be taken; it is recommended that hikers cross the Nalla before 10 AM when the flow is at its lowest. The descent to Parvati side base camp will begin from here, starting with a hard snow bed, and panoramic views of the snow-capped mountains.

Day 8: Trek from Parvati side base camp to Pin side base camp | 14,430 feet | 10 hours.

Starting at 6 AM, the journey from the Parvati side base camp to the Pin side base camp allows to travel through the glacier section before the sun makes it slick. Just before arriving at the Pass, you can take one last lingering glance at the peaks- South Parvati and Ganesh. Once the descent is complete, we will use a rope to traverse the Pine Nala and arrive at the Pin Side Base Camp, for dinner, and a warm cozy restful sleep.

Day 9: Trek from Pin side base camp to Mud base camp and departure to Kaza | 13,314 feet | 8 hours.

Commencing with the final day of the Pin Parvati Trek, we start on the left side of Pin Nala. The route converges on a vehicle-less road, finally reaching the Mud village.

Upon arrival at the Mud village, we take an adventurous jeep ride to Kaza. The Pin Parvati trek itinerary concludes at Kaza by late evening. Explore the local markets, for some delicacies, before you return to the hotel/campsite for a night's rest. You can either leave the next morning or explore the beautiful Spiti valley, and revel in the quiet ambience for a couple of days.

