# ADVENTURUSH

# **INCLUSIONS**

- Accommodation Camps/Guest house on Twin or triple sharing based on group size
- Veg Meals Breakfast, lunch and dinner for trek days
- **Expert Instructo**r Trained and experiences trekking instructor and guide
- All Camping equipment like Camping Tent, Sleeping bag/ Mattresses, Kitchen & dining tent, Utensils, Toilet tent
- Safety Shoes Crampon/ Microspikes/ Gaitors as needed
- All Permits & Fees as applicable
- Medical Kits First aid kit, Oxygen cylinder, Stretcher
- Cook/ Support staff for your delicious meals and other support
- Transportation Please speak to vendor partner post booking to coordinate pickup point & time

# **Exclusions**

- Personal expenses such as Telephone, Laundry, Tips and Table Drinks etc.
- Insurance Medical, Accidental, theft
- Airfare / Rail fare
- Pickup and Drop from Airport, Railway station or Bus stop. Please contact vendor partners post booking, if pickup and drop facility can be provided on request, at additional cost.
- Personal Porter
- Beverages
- Stay in Guest house/ Home stay Stay will be provided in camping tents
- **Medical Emergencies** any injury or medical emergencies sustained by the adventurers during the activity
- Any additional cost including stay and food, that arises due to to extension, change of itinerary due to natural calamities, road blocks, bad weather or any other unforeseen circumstances beyond our control
- Anything not listed under "inclusions"

# **I**TINERARY

## Day 1 – Drive from Shimla to Janglik | 160 Kms | 9-11 hours | 9200 ft

Your journey starts as you arrive at Shimla Old Bus Stand at 6.30 AM. From there, you will be taken to Rohru in a shared vehicle. Enjoy the scenic drive to Rohru as you pass through charming villages like Diude, Tonglu, Tikri and a few more. Reach the campsite and Janglik, relax and end the day with a hot-piping dinner.

## Day 02 - Janglik to Dayara Thatch | 4 Kms | 5-6 hours | 11150 ft

Rise and shine to a beautiful morning and start your trek from Janglik to Dayara Thatch. Today you will be facing a moderate ascent which will take you 5-6 hours. Walk past the wheat fields and handmade wooden village houses as you trek towards Dayara Thatch. On your way, you will be able to enjoy a panoramic view of the small villages of Diude and Tonglu. Walk through the forest trails jaded by Pine, Oak and deodar trees. After reaching Dayara meadows, your tents will be pitched, and you can surrender for the night.

## Day 03 - Dayara Thatch to Litham | 3 Kms | 3-4 hours | 11800 ft

After a hearty breakfast, get ready for a 4-hour trek to Litham. This trail is essentially a gradual ascent with water streams along the route. You will be trekking through dense forests, lush green meadows till you see the silver Birch Forest and Chandranahan falls. Witness a scenic view of the snow-capped Dhauladhar range. Reach Litham campsite and enjoy the rest of the day followed by dinner.

### Day 4 – Trek to Chandranahan Lake | 3 Kms | 6-7 hours | 13800 ft

Today is the day you get a taste of the mountain and high altitude as you trek to Chandranahan Lake for acclimatization. You will be walking your way through steep ascents and descents and give your body a good warm-up. Chandranahan holds a beautiful sight as a group of 7 lakes. You will be able to witness at least 3 lakes on your trail. As you ascend to reach the waterfall and take a photo stop to capture the aesthetic beauty of small lakes surrounded by snow fields. After spending some time at the lake, head back to the Litham campsite and call it a day.

#### Day 05 - Litham to Dhunda | 4 Kms | 5-6 hours | 13100 ft

Wake up early and have a delicious breakfast. Today, you will be enjoying a 5–6-hour trek to Dhunda. This trail will lead up to gradual ascent and a few steep descents. Witness a beautiful view of Litham's grasslands on the left and th majestic view of Rupin Valley on the right. You can also see the Buran Ghati trail from here. Your campsite will be pitched in the middle of snow-capped mountains offering you a 360-degree view of white wonderland with blended green grasslands and grey trails.

### Day 06 - Dhunda To Munirang, via Buran Ghati pass | 7 Kms | 10-11 hrs | 15000 ft

Start your day with a healthy breakfast and brace yourself for this technical trek which will include steep ascents and descent along the way. You will be camping near a river today. Walk alongside the ridge from Dhunda campsite and climb over boulders to reach the base of this pass. Drink enough water and maintain your pace while shifting your weights on either shoulder. Buran Ghati sits at 15,000 feet, making it a rather difficult yet thrilling climb. The top is narrow and has a narrow ledge. The steep drop to the opposite side is very sharp. Even with an ice-axe, the descent can prove dangerous without a rope. Firstly, you need to get down to the snowfield 100m below the pass. The rest of the descents will be on smaller ledges which makes it easy to slide down. Give yourself a pat on the back as you get mesmerized by the satisfaction of making it to the summit.

### Day 07 - Munirang to Barua village & Drive to Shimla

Today marks the last day of your Buran Ghati trek. After breakfast, trek down to Barua Village. Follow the cascaded trail through dense forest of pine trees and green shrubs. After a onehour trek, you will be able to spot Apple orchards and some peach trees. After crossing this village, you will reach the road bridge in half an hour. You will be dropped off at Shimla in a shared vehicle by 01:00 Pm.